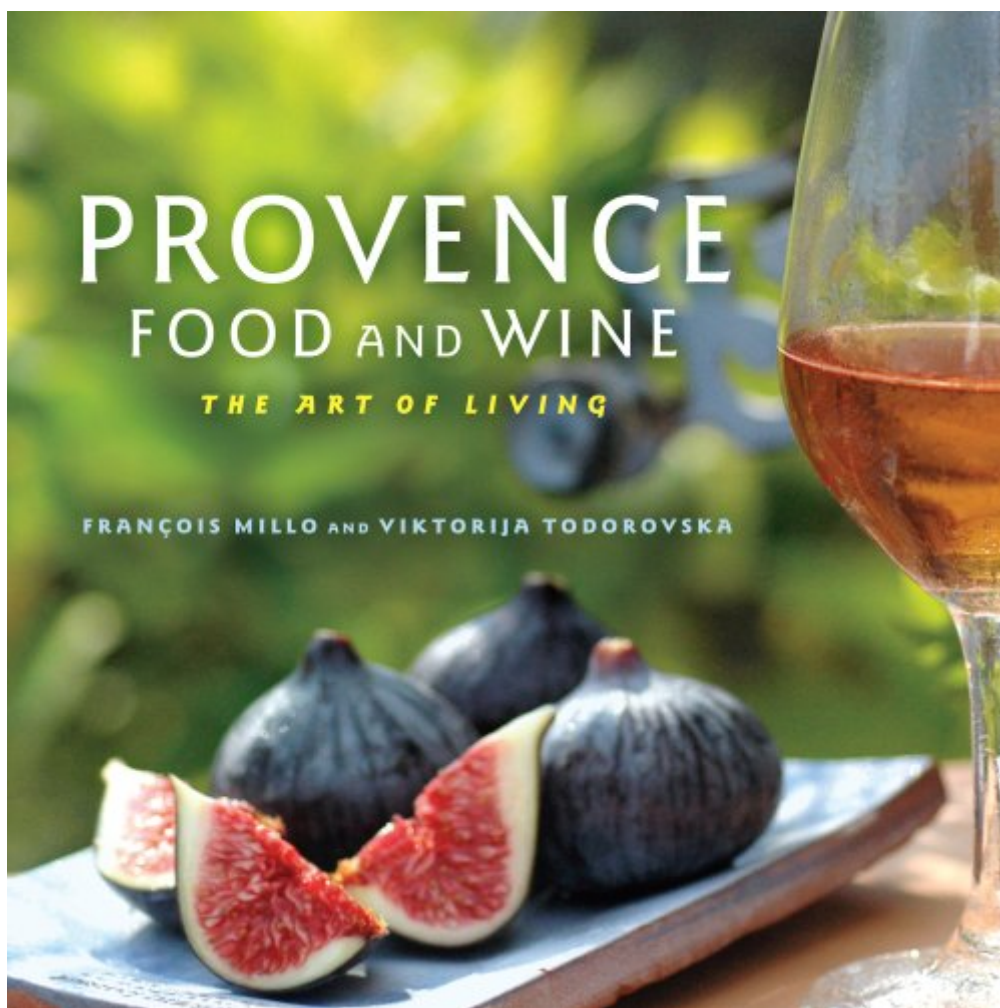


The book was found

# Provence Food And Wine: The Art Of Living



## Synopsis

Provence, the beautiful region that sits at the scenic crossroads of southern France, the Italian Alps, and the Mediterranean, has long been an area of historical import and distinct culture. It was the first Roman colony beyond Italy and serves as a modern-day commercial hub and resort area. Above all else, Provence is known as a producer of some of the finest food and wine France has to offer, with a cuisine that emphasizes healthful ingredients such as olive oil, fresh vegetables, Mediterranean seafood, as well as dry, aromatic ros  . Provence Food & Wine is one of the only English-language books available on the cuisine, wine, and sights of this stunning Mediterranean enclave on the southern coast of France. Packed with 47 traditional Provençal recipes, all of which emphasize the incredibly popular and healthy Mediterranean diet, Provence Food & Wine also provides detailed information on regional wines, most notably ros  . This is the most famous wine of Provence and has made great strides in the US: sales of Provence ros   increased by 40% in 2012 with the trend continuing into 2013. Readers will be able to learn about pairing between wine and food, as Todorovska and Millo expertly explain what to look for and where to get these wines outside of Europe. Full-color photography shows off all of these dishes, as well as the dazzling sights of the region's lush interior, sparkling coastline, and breathtaking vistas. Beyond its use as a cookbook and wine-pairing guide, Provence Food & Wine will also be a resource for travelers on how to have the complete art de vivre experience. Provence Food & Wine is the third cookbook about the hidden gems of regional European cuisine by Viktorija Todorovska, who trained at the prestigious Florentine culinary academy Apicius and owns the food, wine, and travel company Oliva Cooking. Her books have been critically acclaimed for their simple recipes, straightforward advice, and unique yet accessible ingredients. François Millo is the author of several books on the foods and wines of Provence, including a book for the Brazilian market. He is also an acclaimed photographer, capturing the spirit of Provence, its landscapes, and its people. The blend of French, Italian, North African, and Mediterranean flavors brings readers on a tasting tour of this rich, historical land, and there is no better guide than the charming personalities of Viktorija Todorovska and François Millo.

## Book Information

File Size: 33873 KB

Print Length: 160 pages

Publisher: Agate Surrey (February 17, 2014)

Publication Date: February 17, 2014

Sold by:   Digital Services LLC

Language: English

ASIN: B00G1SRDVO

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #632,010 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #63

inÂ Books > Travel > Europe > France > Provence #131 inÂ Kindle Store > Kindle eBooks >

Cookbooks, Food & Wine > Regional & International > European > French #158 inÂ Books >

Cookbooks, Food & Wine > Beverages & Wine > Wine & Spirits > Wine Pairing

## Customer Reviews

Provence Food and Wine: The Art of Living is a beautifully illustrated cookbook. The photographs are so beautiful you could almost call this book a coffee table book. The cookbook features both wine and food information so this is a complete book. Some of the recipes you will find include: Tapenade, Layered Omelettes, Creamy Polenta, Langoustines with Watercress, Pancetta Cream and Asparagus Aioli, Octopus Stew with Rose, Grilled Peppers in Extra Virgin Olive Oil, Wild Boar Stew, Lemon Tart, Strawberry Tiramisu. There is an interactive table of contents making navigation easy. Highly recommend.

A few days ago I received a much anticipated book. Not just any ordinary book for I would not order one of those. But a book I felt would stimulate my desire to experience a new cuisine, a new wine, new people. I was not disappointed. In fact, I became more and more enthused and exhilarated with each line. As I devoured it page by page I realized something wonderful was happening within me. Long ago I had traveled to a faraway land. Memories lingered in my mind. Smells would on occasion cause a scene to flash before my eyes. A song would stop me in my step. I often found a longing tugging my heart. I had known for a brief moment the art of living. I remember watching men, usually elegant, gentleman thoughtfully holding round objects in their hands and then after careful deliberation gently tossing those balls into the air. Each would follow the ball through the air and hold themselves frozen in a graceful stance until the ball hit the ground at precisely the point they had aimed for. The game of Petanque, played in the Provence like no other place. I could not stop

reading this book! At 5:00PM with the cool air and bright afternoon sun streaming across the deck I settled down in the chair to begin my read. Like magic I was immediately transported back to Provence! The words, the flow, the experiences continually painted on each page accented by lush and beguiling photos... no stopping. Only the darkness and hunger forced me inside where I quickly satisfied the hunger and retired to my favorite reading spot to continue. Arriving at the recipe section provided me another thrill as I read through each of them savoring every potential taste! No *^culinary^* *^*™ book has ever held my attention so completely. I wanted to immediately order 50 more copies to share with every client who is planning travel to Provence. What a totally wonderful introduction this book is for any potential traveler to this complex region. There is something in this book that I only began to grasp in Todorovska *^*™s two previous works. Although each of those have been such joys to read and cook from, this one, *Provence Food And Wine The Art of Living*, brought forth a desire and longing I had buried deep within. The desire to return to Provence! I cannot begin to fully explain this. I am so hungry to return and explore Provence. To fully live the life of Provence, to taste the food and to smell the wine. To experience again the Art of Living Provencal style. Never has a book so touched me. Thank you, Viktorija, for writing and creating such a treasure. Francois Millo must be a jewel to work with. The thoughtful sharing one feels throughout this book is both gratifying and stimulating. Please express to Francois my joy at being in the pictures! I do hope to see more from Todorovska and Millo in the near future. Au revoir! Harold D. Partain

I love the pictures and the recipes

Everything I was hoping for! I was looking for a cookbook, yes, but I was more excited reading about my wonderful new favorite place! It covers it all and- a bonus- There are recipes! I especially love the in-depth detail about Proven<sup>ç</sup>al wine! I look at it a lot, but sadly I cannot attest to the recipes. Yet. They look authentic and delicious so I'm hoping to try some soon.

my favorite book on a topic that has been widely tackled; but this one is both practical and beautiful, and the recipes easy to follow. bon app<sup>©</sup>tit!

Wonderful recipes, descriptions and photos.

One of the most beautifully composed stories of regional cuisine currently on the market. The two

authors are at their creative best when describing the incredibly rich food and wine culture of Provence. This is much more than a cookbook, but I dare you to find better tested recipes in the most fastidious of cook only projects. This is simply excellent. I have traveled Europe extensively and cooked for many years. I have seen few books that are this well organized, distinct, and elegantly photographed. At the same time, the material is succinct, the recipes written for American and Metric measurements, and the stories completely engaging. I am thrilled to have purchased this book.

Fabulous photos and recipes. This bright, evocative book makes sunny Provence feel a lot closer.

[Download to continue reading...](#)

WINE: Wine Lifestyle - Beginner to Expert Guide on: Wine Tasting, Wine Pairing, & Wine Selecting (Wine History, Spirits, World Wine, Vino, Wine Bible, Wine Making, Grape, Wine Grapes Book 1)  
Wine Tasting: Secrets of Wine Tasting - The Ultimate Guide To Learn Everything About Wine Tasting & Wine Pairing (Wine Selecting, Wine Variety, Wine Making, Wine Education) Wine: Ultimate Wine Handbook â “ Wine From A-Z, Wine History and Everything Wine (Wine Mastery, Wine Sommelier) Wine: Everything You Need to Know About Wine From Beginner to Expert (Wine Tasting, Wine Pairing, Wine Lifestyle) Wine Making: The Ultimate Beginnerâ™s Guide To Wine Making - Learn How To Make Delicious Wine At Home (Home Brew, Wine Making, Wine Recipes) Wine: The Ultimate Educational Resource Of Red Wine, Types And Origin, Red Wine Selecting & Food Pairing And Tips On Wine Occasion Matching Peter Mayle's Provence: Including 'A Year in Provence' and 'Toujours Provence' Provence Travel Guide: Provence & the French Riviera: Travel Guide Bookâ”A Comprehensive 5-Day Travel Guide to Provence & the French Riviera, France & Unforgettable ... (Best Travel Guides to Europe Series) Provence Food and Wine: The Art of Living Wine Guide: Learn everything you need to know about wine tasting & wine selecting - Includes tips and tricks (Wine Making and Tasting Books Book 1) Wine Making: For Beginners - Discover The Joyfulness Of Home Wine Making (Home Brew, Wine Making, Wine Recipes) Food Truck Business: How To Start Your Own Food Truck While Growing & Succeeding As Your Own Boss (Food Truck, Food Truck Business, Passive Income, Food ... Truck Startup, Food Truck Business Plan,) Wine, Food & Friends: Karen's Wine and Food Pairing Guide, Plus Over 100 Cooking Light Recipes Food & Wine Annual 2011: An Entire Year of Recipes (Food & Wine Annual Cookbook) 3 Day Guide to Provence: A 72-hour definitive guide on what to see, eat and enjoy in Provence, France (3 Day Travel Guides Book 5) National Geographic Traveler: Provence and the Cote d'Azur, 3rd Edition (National Geographic Traveler Provence & the Cote D'Azur) Provence Interiors/Interieurs De

Provence (in English) Greater Than a Tourist â “ Aix-en-Provence Provence France: 50 Travel Tips from a Local Marseille & Western Provence, 2nd edition: Includes Aix-en-Provence, Arles, Avignon, Les Baux, Camargue (Footprint Focus) Guide Vert Provence [ Green Guide in FRENCH - Provence ] (French Edition)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)